



# In Case of Emergency (ICE)

*ICE Your Phone Today for Peace of Mind!*



## Spread the Word

Encourage your family, friends and loved ones to add an ICE entry in their cell phone, especially if it will give them peace of mind.

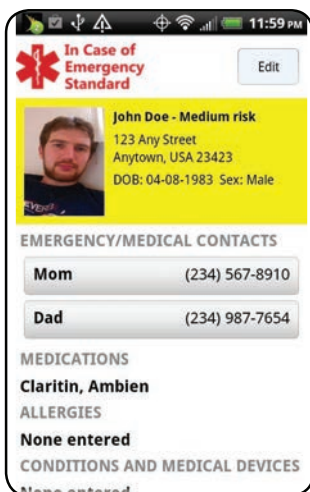
Always include written emergency contact and medical information elsewhere as a safety precaution.

## Precautionary Measures

Taking these simple steps may save a life.

Adding the acronym ICE - In Case of Emergency - to your phone contacts, allows users to log the name and number of someone who should be contacted in an emergency. If you have more than one contact name, use ICE1, ICE2, ICE3, etc.

Contact your local Visiting Angels for more brochures that can help keep our seniors safe and at home!



The image shows a screenshot of a mobile phone's ICE (In Case of Emergency) contact card. The card is titled "In Case of Emergency Standard" and features a red Star of Life icon. It includes a photo of John Doe, a "Medium risk" rating, and his address: "123 Any Street, Anytown, USA 23423". His date of birth is "04-08-1983" and his sex is "Male". Below the photo, there are sections for "EMERGENCY/MEDICAL CONTACTS", "MEDICATIONS", "ALLERGIES", and "CONDITIONS AND MEDICAL DEVICES". The "EMERGENCY/MEDICAL CONTACTS" section lists "Mom" with the phone number "(234) 567-8910" and "Dad" with the phone number "(234) 987-7654". The "MEDICATIONS" section lists "Claritin, Ambien". The "ALLERGIES" section is labeled "None entered". The "CONDITIONS AND MEDICAL DEVICES" section is also labeled "None entered".

EMERGENCY/MEDICAL CONTACTS	
Mom	(234) 567-8910
Dad	(234) 987-7654

MEDICATIONS  
Claritin, Ambien

ALLERGIES  
None entered

CONDITIONS AND MEDICAL DEVICES  
None entered

# ICE: In Case of Emergency

It's a simple and effective way of providing emergency responders with a direct line to you! You carry information in your cell phone that allows emergency personnel to contact a family member or friend, but how are they to locate it during an emergency? Simple... ICE your cell phones!



## ICE Standard with Smart911™ - The Official In Case of Emergency Standard Card Smart Phone App

ICE Standard applications - the No.1 Emergency Information app on iTunes - can help save your life. The app puts your emergency health information on the lock screen of your phone so EMTs can get it as quickly as possible.

Ambulances take patients to the ER more than 16 million times each year in the U.S. ICE Standard helps first time responders and emergency room personnel locate a person's updated medical

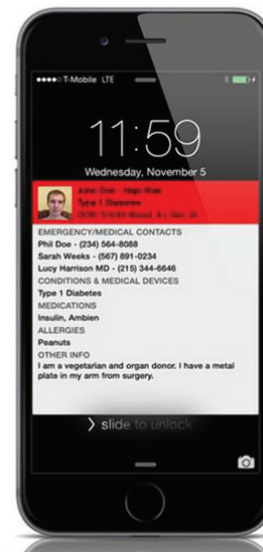
information, emergency/medical contacts, medical insurance information, blood type, name, address and a picture of the individual. This application was developed by the nonprofit About the Kids foundation with input from EMTs, police officers, firefighters and emergency room personnel.

The phone is considered a backup location for your emergency medical information, but in an accident, your phone may be damaged, overlooked or out of power. A physical emergency card is the best way to provide health information for emergency personnel. The six standard places for emergency personnel to look are:

- 1 - Automobile: Glove Compartment
- 2 - Pedestrians – Wallet or Purse
- 3 - Bicyclists/Motorcycles – Under the Seat
- 4 - Home – Refrigerator Dairy or Butter Dish
- 5 - Athletes – Coach's Possession
- 6 - Work Place – Emergency Response Team Member

Official Emergency Standard Cards can be ordered from [EmergencyStandard.org](http://EmergencyStandard.org).

Put your emergency information on your lock screen, in case you are in an accident.



## Things to Consider

- Confirm the person whose name and number you are using has agreed to be your ICE partner.
- Be sure your ICE partner has a list of people they should contact on your behalf, including your place of employment. Add every number for that individual. Home, work, cell.
- Your ICE partner's number should be one that's easy to contact. For example a home number could be useless in an emergency if the person works full time.
- Tell your ICE partner about any medical conditions that could affect your emergency treatment such as allergies or current medications.
- If you are under 18, your ICE partner should be a parent or guardian authorized to make decisions on your behalf.
- Always enter your ICE contact to include the name of your ICE partner. For example: ICE\_Heather
- If your preferred contact is deaf, then type ICETEXT, the name of your contact before saving the number.
- Place a sticker on or near the photo ID stating "ICE."
- Apply a sticker on the cell phone stating "ICE Loaded". Some cell phones allow you to name the opening screen. This name is visible when the cell phone is turned on. Simply re-name the "wallpaper" screen "ICE Loaded".
- Once you have entered your ICE partner, that individual's name may not appear on your contact list. With some phones, the ICE entry may act as a duplicate, so deleting and re-entry of an existing contact may be needed.
- Once you have entered your ICE contact, verify by scrolling through the cell phone's contact list.

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937 Haverford Road, Suite 200  
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