

6

Step Guide to Hiring In-Home Care for Your Loved One



ASSESS HOW URGENT THE SITUATION IS FOR YOUR LOVED ONE. HAS YOUR LOVED ONE:

1

- Recently been discharged from the hospital?
- Experienced physical limitations?
- Participated in rehabilitation recently?
- Experienced lapses in memory?
- Been unable to prepare meals?
- Been unable to maintain an independent lifestyle?
- Been unable to make it through the night unattended?
- Posed a threat to their own well-being?

2

CONSIDER WHAT HELP YOUR LOVED ONE NEEDS. DOES YOUR LOVED ONE NEED ASSISTANCE WITH:

- Bathing & grooming
- Dressing
- Laundry
- Mobility
- Light housekeeping
- Errands
- Grocery shopping
- Meal preparation
- Companionship
- Medication reminders
- Transportation
- Personal Hygiene

3

SEEK AN IN-HOME CONSULTATION WITH A HOME CARE PROFESSIONAL.*

- Interview potential caregiver(s) in your loved one's home.
- Ask questions about personality, experience and commitment.

4

SELECT THE RIGHT CAREGIVER FOR YOUR LOVED ONE.

You and your loved one should trust the caregiver and see the potential for a relationship to develop.

5

FIND ANY FINANCIAL HELP THAT MIGHT BE AVAILABLE.

- Life insurance
- Long-term insurance
- Medicaid
- State home care assistance
- Veterans benefits

6

CREATE A CUSTOMIZED CARE PLAN WITH YOUR CHOSEN CAREGIVER.

- A care plan should be personalized to your loved one's needs, personality and preferences.
- It should be flexible, with room to adjust as necessary.

*Call Visiting Angels at (800) 365-4189 for a free consultation.